

How to read this timetable

Times are shown only at **timed stops**. The bus serves every stop in between — be at your stop a few minutes early.

A shaded “*then every 30 min until*” line means buses keep the same pattern until the next time shown.

pm times are in bold. “—” means the bus doesn't stop there.

Service days

Weeknight · Saturday* · Sunday · Holiday*

Live departures

Real-time bus locations, stop-by-stop times and service alerts:
niagaratransit.ca/routes/438/

Customer Service

Phone: **1-833-678-5463**

Monday to Saturday: 7 a.m. - 7 p.m.

Sundays/Holidays: 10 a.m. - 6 p.m.

After-hours: Answering Service and Emergency Service Connection.

niagaratransit.ca

Niagara Transit

438

GO Train Station Connection

Weeknight · Saturday* · Sunday · Holiday*

Timetable effective

October 11, 2026 – November 28, 2026



Scan for live bus locations
& service alerts

Outbound to St. Catharines Go Train Station Hub

WEEKNIGHT

Downtown Terminal 70 Carlisle St	St. Catharines Go Train Station Hub
6:50	7:00
8:10	8:20

SATURDAY*

Downtown Terminal 70 Carlisle St	St. Catharines Go Train Station Hub
10:42	10:52
12:03	12:13
12:47	12:57
4:05	4:15
6:42	6:52
6:50	7:00
8:03	8:13
8:10	8:20
8:57	9:07
10:05	10:15

* Operates only on Saturday October 17, 2026, Saturday October 24, 2026 and Saturday October 31, 2026.

SUNDAY

Downtown Terminal 70 Carlisle St	St. Catharines Go Train Station Hub
10:52	11:02
12:13	12:23
12:57	1:07
4:15	4:25
6:52	7:02

HOLIDAY*

Downtown Terminal 70 Carlisle St	St. Catharines Go Train Station Hub
10:42	10:52
12:03	12:13
12:47	12:57
4:05	4:15

* Operates only on Monday October 12, 2026.

pm times in bold · — = bus doesn't stop there

Inbound to Downtown Terminal 70 Carlisle St

WEEKNIGHT

St. Catharines Go Train Station Hub	Downtown Terminal 70 Carlisle St
7:20	7:30
8:40	8:50

SATURDAY*

St. Catharines Go Train Station Hub	Downtown Terminal 70 Carlisle St
11:12	11:22
12:33	12:43
1:17	1:27
4:35	4:45
7:12	7:22
7:20	7:30
8:33	8:43
8:40	8:50
9:27	9:37
10:35	10:45

* Operates only on Saturday October 17, 2026, Saturday October 24, 2026 and Saturday October 31, 2026.

SUNDAY

St. Catharines Go Train Station Hub	Downtown Terminal 70 Carlisle St
11:12	11:22
12:33	12:43
1:17	1:27
4:35	4:45
7:02	7:12

HOLIDAY*

St. Catharines Go Train Station Hub	Downtown Terminal 70 Carlisle St
11:12	11:22
12:33	12:43
1:17	1:27
4:35	4:45

* Operates only on Monday October 12, 2026.